



# MISSION **ALIVE**

## **INTERNATIONAL COACH FEDERATION ACCREDITED PROGRAM**

Catalyze Coach Training Level III certification is a professional certification program that will advance your leadership with the knowledge and skills you need to practice coaching in ministry or professional settings. You will learn the keys to developing leaders and helping others live out God's calling in their life.

The Catalyze Certification program is accredited as an International Coach Federation (ICF) Accredited Coaching Specific Training Hours (ACSTH) program providing 65 hours of training and prepares you for ICF membership. To accelerate your path to ICF credentials enroll with our FastTrack Package which provides the 10 ICF Mentor hours you need along with ongoing support as you pursue your 100 coaching hours needed for Associate Certified Coach (ACC) status.

Level III training is for leaders, ministry professionals, those who minister to others in on-going relationships, people who want to be professional coaches or those who want to refine their coaching skills.

This training goes well beyond Level II, providing in-depth skill development through practice coaching with direct feedback from a coaching mentor and supervised coaching of real clients over multiple sessions.

The certification track will include:

- Personal coach mentor who oversees your training and provides feedback on your progress as a coach
- Supervised coaching of two clients
- Tools to practice as a coach
- Training is delivered with a combination of:
  - Course Readings for an in-depth understanding of coaching from multiple perspectives
  - 20 hours live, in-person training -- build coaching skills
  - 3 hours - live video training
  - 9 hours - 3-way Coach Mentor training calls
  - 6 hours - 1:1 Coaching Supervision
  - Minimum 14 hours coaching 2 clients

Provides 65 hours of training as ICF ACSTH

Prepares you for ICF Membership.





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Cost:

- Basic Certification - 1950.00 (provides 65 ACSTH hours preparing you for ICF Membership)
- FastTrack - 2950.00 (provides all the training needed to apply for ICF credentials)

Refunds & Withdrawals -- 100% refund prior to course start; 50% before lab; no refunds after lab date. Approved withdrawals will be offered pro-rated credit for a future training cycle.

Language: English

Training cycles typically begin in Jan and Jul, see the course offerings for specifics

Key training modules include:

- Theological foundations of coaching
- Role of Relationship and Structure
- Coaching during Takeoff-Navigate-Land phases
- The GEAR model of growth
- Listening
- Asking Powerful Questions
- In-Depth Goal setting
- Constructing detailed plans using PATHS
- Exploring core beliefs, values, motives (BVMs)
- Assessing progress
- Reflecting and Solidifying growth
- ICF Ethical Standards
- Adapting to different personality types

Key Instructors: Stephen Shaffer, DMin, PCC, Director of Coaching

If you have questions, contact Steve at [steve@missionalive.org](mailto:steve@missionalive.org).

