# Coaching and Spiritual Direction Training

The purposes of the human heart are deep waters,

but those who have insight draw them out.

- Proverbs 20:5

## **COACHING AND SPIRITUAL DIRECTION TRAINING**

- How does your church "equip the saints for the work of ministry" (Ephesians 4:12)?
- How do leaders help Christians identify their spiritual gifts and calling?
- How are leaders identified and prepared from one generation to the next?
- How do new Christians learn to identify the voice of God in their lives?

?In Ephesians 4:11 the apostle Paul imagines a diversity of equippers whose role is to help fellow Christians to maturity. They join others on their journey and help them walk closer to God, listen to Him and figure out how to follow Him faithfully. Mission Alive brings together coaching and spiritual direction and weaves them together to prepare church leaders to equip others to live out God's calling.

Through training as a coach or spiritual director you will become a better listener and a better leader. You will be equipped to help others prayerfully discern their God-given calling and develop the necessary steps to see it become a reality.

## Training to be a Christian Coach



In recent years coaching has developed as an effective way of equipping others by believing in their God-given giftedness, by empowering them through listening, questioning and focusing. A growing number of those in ministry (paid and volunteer) are discovering how coaching can help them sort through the myriad of responsibilities facing them to focus their time and energies on the ministry to which God has called them.

In addition to training Mission Alive church planters to disciple and equip new Christians through coaching and spiritual direction, Mission Alive offers training in coaching and spiritual direction to any Christian wanting to improve how they help others grow spiritually. Church leaders of all kinds including preachers, associate ministers, elders, ministry leaders, small group leaders, etc. are discovering how coaching empowers them to walk alongside others as they grow spiritually.

For more details on coach training with Mission Alive download our Coaching and Spiritual Direction brochure.

#### **Next Coach Training:**

#### CLASS: LOCATION: LAB 1 DATES: LAB 2 DATES: REGISTRATION DEADLINE:

Fall 2011 Dallas/Ft. Worth Nov. 18-19, 2011 June 22-23, 2012 Sept. 23, 2011



## Training to be a Spiritual Director

Spiritual direction helps Christians pursue a closer relationship with God. In the midst of a chaotic life it can be hard to carve out time to invest in our own spiritual growth. Spiritual directors help us reflect on the presence of God throughout our daily experiences. As our contemplation deepens, we begin to more easily identify His presence in even the smallest moments or the most mundane experiences of life.

Mission Alive's Spiritual Direction training facilitates spiritual formation for those who believe they may be called into the ministry of spiritual direction. The training helps participants continue their own spiritual development, creates space to discern their calling into spiritual direction and begins developing good spiritual direction practices.

For more details on coach training with Mission Alive download our Coaching and Spiritual Direction brochure.

## **Next Spiritual Direction Training:**

CLASS: LOCATION: LAB 1 DATES: LAB 2 DATES: REGISTRATION DEADLINE:

Spring 2012 Dallas/Ft. Worth Feb. 17-18, 2012 Oct. 5-6, 2012 Jan. 6, 2012

## **Registering for Coaching or Spiritual Direction Training**

To register for one of the upcoming coach training or spiritual direction training opportunities, download the Coaching & Spiritual Direction brochure, complete the registration form and mail it with your deposit to the address on the brochure.

If you have additional questions, email equipping@missionalive.org or call 972-596-4263.

Grace and Peace,

Tod K. Vogt

**Director of Equipping, Mission Alive** 

**Spiritual Director** 

Certified Coach, CoachNet Global

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